Inspired by the Holy Spirit, the mission of Saint Columba Parish is to develop, support and maintain a strong family community by instilling a love of faith in all. We fully participate in the liturgy, celebrate the Word of God, receive the Sacraments and continue in faith formation. Our members share their gifts and talents to provide outreach through various ministries and to respond compassionately to the needs of others in our parish, our community, and the world.

Saint Columba Catholic Church
Bloomsburg, Pennsylvania

**Mass Schedule**

- **Sunday, The Lord’s Day:**
  - 5:00 p.m. (Saturday)
  - 8:00 a.m. & 10:30 a.m.

- **Holy Days of Obligation (excluding Dec. 25 and Jan. 1):**
  - 5:30 p.m. (vigil)
  - 6:30 a.m., 8:30 a.m & 7:00 p.m.

- **Monday through Friday:** 7:30 a.m

- **Saturday:** 8:00 a.m

- **First Friday:** 7:30 a.m & 5:00 p.m.

**Adoration of the Blessed Sacrament:**

- First Friday: 3:30 - 4:30 p.m.

**Sacraments**

- **Sacrament of Baptism:**
  - Please call the parish office for scheduling a baptism and for arranging a baptismal preparation class.
  - **Godparents for Baptism** and **Sponsors for Confirmation** must be practicing Catholics, age 16 or older, have already received the Sacraments of Initiation; viz., Baptism, Confirmation, and Holy Eucharist and, either single or, if married, married in accord with Catholic Church Law.

- **Sacrament of Penance:**
  - Saturday: 8:30 - 9:00 a.m. & 3:30 - 4:30 p.m.
  - Also by appointment

- **Sacrament of Anointing of the Sick:**
  - Contact the priest immediately in an emergency. In cases of illness or in anticipation of major surgery, please contact the priest to schedule the celebration of this Sacrament.

- **Sacrament of Matrimony:**
  - Diocesan Common Policy requires nine to twelve months’ advance notification to the priest and participation in marriage preparation.

**Parish Office:**

342 Iron Street, Bloomsburg, PA 17815-1824
Phone: (570) 784-0801, Fax: (570) 387-2604
Email: stcolumbaparishbloomsburg@hbgdiocese.org

**Parish School:**

School Principal - Dr. Robert Marande
40 East Third Street, Bloomsburg, PA 17815 – 1815
Phone: (570) 784-3932
Fax: (570) 387-1257

**Bloomgsburg Food Cupboard:**
(sponsored by the Bloomsburg Ministerium)
Coordinator - Martha Sheehe
Location: 329 Center Street, Bloomsburg
Mailing Address: PO Box 829, Bloomsburg, PA 17815
Phone: (570) 387-2607
Tuesday: 12:30 - 2:30 p.m.; Saturday: 8:30 - 10:15 a.m

**Christ the King Mission, Benton:**
Pastor: Msgr. Robert E. Lawrence
Administrator: Fr. Oluolua H. Adewole O.P. (Fr. Sola)
300 Mendenhall Lane, PO Box 297, Benton, PA 17814
Phone: (570) 925-6969

**Bloomgsburg University Catholic Campus Ministry:**
Fr. Oluolua Adewole, O.P. (Fr. Sola)
335 East Second Street, Bloomsburg, PA 17815
Phone: (570) 784-3123

**Websites:**
- Parish: www.saintcolumbachurch.org
- Diocese of Harrisburg: www.hbgdiocese.org
- School: www.saintcolumbaschoolorg
- Catholic Campus Ministry: www.bloomsburgcm.weebly.com

**Bulletin Submissions:** due by Friday at 4:00 p.m.
FEAST OF THE MOST HOLY BODY AND BLOOD OF CHRIST

This is the feast of the Most Holy Body and Blood of Christ (Corpus Christi). When Jesus foretold that He would give us His Body as food and His Blood as drink, there was no doubt what He meant. Some complained and said that this teaching was too much for them and they left Jesus. However, Jesus did not water down this teaching. Those who stayed with Him accepted His teaching even though they did not know how it would take place. They trusted in the word of Jesus and it brought them life. At the Last Supper, Jesus fulfilled that promise.

Jesus invites us to sit at table with Him. At this table, He gives us Himself to nourish our souls. He invites us to come to Him either sacramentally in Holy Communion or, if for whatever reason we cannot, then spiritually by our great desire to be one with Him. Jesus also wanted to be with us for adoration and so He is present in all the tabernacles throughout the world.

It is from this altar that Jesus becomes present in word and sacrament. It is the altar of sacrifice that makes Jesus real and present to us, His brothers and sisters.

Msgr. Bob Lawrence

FROM OUR DIOCESE: The Diocese strongly recommends that those who are sick, have a compromised immune system or are considered more vulnerable continue to remain home at this time.

- The dispensation from the Sunday obligation to attend Mass is still in place. All Mass livestreams are strongly encouraged to continue.
- Public Masses may resume at the Pastor’s discretion, so long as social distancing and proper sanitation is observed. Sanitation must take place after every Mass.
- Parish buildings may contain no more than 1/3 occupancy at any given time.
- All parishioners attending Mass must wear a face mask. Masks may only be removed when receiving Holy Communion.
- Holy Communion will be distributed after Mass. We recommend that Holy Communion be received on the hand.
- Parishes are to use tape or rope to indicate proper social distancing within the parish buildings, including the pews.
- Confessions may resume at the Pastor’s discretion, pending social distancing and proper sanitation are followed.
- Proper sanitation will occur after every gathering and at the close of every day.
- Holy Water fonts will remain empty. Bottled holy water may be available for parishioners to take home. All hymnals, missals, missalettes and Bibles will be removed.
- The Sign of Peace will continue to be omitted.

CATHOLIC COMMUNICATIONS CAMPAIGN (CCC) will be the second collection next weekend. Your support helps connect people to Christ, in the United States and around the world, through the Internet, television, radio, and print medias. Half the funds collected remain in our Diocese to support local efforts. Through your support, we produce radio messages from Bishop Gainer, promote the work of our Diocesan ministries in the media and will be launching a new series of podcasts and television programs. By supporting the Catholic Communications Campaign, you directly help spread the Gospel message to more than 240,000 people annually. Learn more about the Diocese’s Communication efforts at www.hbgdiocese.org/communications. Thank you for your generosity.

PARISH STEWARDSHIP
Easter Collection, 2020 - $12,040 (thus far)
Easter Collection, 2019 - $17,891
June 7, 2020 - $11,126
June 9, 2019 - $10,949

This week’s Offering - Weekly
Next week’s Offering - Weekly
Second Collection - Catholic Communications

PENTECOST COLLECTION thus far amounts to $2,220.00. On behalf of the seminarians, thank you for your generosity.
THE MOST HOLY BODY AND BLOOD OF CHRIST

BE PREPARED FOR THE WORD OF THE LORD
Readings for next Sunday, June 14, 2020
TWELFTH SUNDAY IN ORDINARY TIME
Psalm 69: 8 - 10, 17, 33 - 35.
Romans 5: 12 - 15.
Matthew 10: 26 - 33.

DIOCESAN ANNUAL CAMPAIGN: Have you made your commitment to the Diocesan Annual Campaign?

DIOCESAN ANNUAL CAMPAIGN as of 6/8/20
ASSESSMENT - $97,952
PLEDGED $58,920  % OF GOAL 60.2 %  GIVERS 144

CANCELLED - BUS TRIP TO SIGHT AND SOUND FOR THE SHOW, QUEEN ESTHER: Because of the uncertainty of the pandemic situation, we have decided to cancel the trip to Sight and Sound.

REGARDING CONGREGATIONAL SINGING: Singing together at Mass is a practice which many of us consider vital to public worship. However, during our present pandemic, it has become clear that the act of singing in a group is problematic when it comes to spreading viral particles. Even when wearing a mask, singing aerosolizes respiratory droplets and can lead to an increased projection of viral particles, concerning even with social distance. Also, singing causes deeper breathing which can assist the virus in lodging deeply in the lungs. For now, we sing only at home, but still with all our hearts! Remember, this too shall pass!

FRAUDULENT EMAILS: We have recently been made aware of another fraudulent email looking as if it’s coming from Monsignor Lawrence. Please do not respond to it. Remember-when in doubt, throw it out! If you ever question if an email is legitimate, please contact the parish office 570-784-0801.

HOLY COMMUNION WILL BE DISTRIBUTED for those who want to come to the church after Mass just for Communion, at 11:30 a.m. on Sundays from this point forwards, instead of 12:00 p.m. Please spread the word!

REGARDING FACE MASKS: Covering one’s face during Mass, though it may seem an inconvenience, is a helpful measure, and an act of love, to decrease the probability of spreading infection. We want to take all the measures outlined by our Diocese to minimize the risks to all members of our gathered community. Please remember to keep the face mask on when you are talking to one another before and after Mass. Speaking, singing, sneezing and coughing are all events when numerous aerosol droplets are expelled, and these droplets can contain infectious germs. Remember: almost half of the transmissions of covid occur from people with no symptoms whatsoever.

SACRAMENT OF THE HOLY EUCHARIST: The Holy Eucharist is both a Sacrifice and a Sacrament. We normally call the Sacrifice “the Mass” and the Sacrament “Holy Communion.”

As the Sacrifice, Jesus offers Himself to the Father in an unbloody manner and we unite ourselves to Jesus in this offering. By doing this, the Father accepts the gift of us.

As the Catechism of the Catholic Church states in #2181: “The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin.” Pandemic excuses all of this obligation.

As a Sacrament, we believe that Holy Communion is really and truly the Body, Blood, Soul, and Divinity of Jesus Christ. The appearance of bread and wine remain, but the essence is changed into the Lord Jesus.

To receive Holy Communion worthily, one should be free from serious sin and fast from food for one hour before the actual reception of Holy Communion.

At the time of Communion, if we are unable to receive the Eucharist sacramentally, we should unite ourselves spiritually with the Lord and with those who are able to receive.

The Eucharist is the sign of unity. There is great pain in the world among people of the Christian faith because of the separation of the Churches. Because Communion is a sign of unity and since this unity does not yet exist, Catholics may not receive Communion in a Protestant Church nor may Protestants receive Communion in the Catholic Church. Special guidelines exist for the Orthodox. We pray that someday there may be one Church. That is the will of Jesus Christ.

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View this bulletin online at www.DiscoverMass.com
Parish Mass on YouTube: Our Mass videos and extra music videos are on our YouTube Channel called “Saint Columba Parish.” You can watch these at any time and we will be joined spiritually. The Sacred Liturgy is an action of the entire Church, the Body united to the Head. Even if a priest celebrates Mass completely alone during these days, although not the preferred option of the Church since the Roman Missal does not provide for such an option, the action is one that unites the entire Church in Heaven, in Purgatory, and on earth in a spiritual communion with Christ the Head.

Our Church on the World Wide Web: Did you know that St. Columba Church has both an actively updated website and a Facebook page? On our parish website www.saintcolumbachurch.org you can find schedules for ministries, our pastor’s message, you can listen to last Sunday’s homily, and discover lots of information about the parish, including links to present and past bulletins. On the Facebook page, (“Saint Columba Catholic Church”) we regularly update events in the parish, special dates for Catholics, messages from the Pope, and other relevant information in addition to beautiful Catholic art. Stay updated and connected to the parish via the internet!

Myparish App is another way to stay connected to our parish, and to use your mobile device for lots of Catholic content bundled into one free app. Text App to “88202” to download the app. We also have a video on how to download the parish app on our website and on our Facebook page.

Notable Quotables on the Most Holy Eucharist: “How many of you say: I should like to see His face, His garments, His shoes. You do see Him, you touch Him, you eat Him. He gives Himself to you, not only that you may see Him, but also to be your food and nourishment.” St. John Chrysostom.

“O most sacred, most loving heart of Jesus, thou art concealed in the Holy Eucharist, and thou beatest for us still.... Thou art the heart of the Most High made man.... Thy Sacred Heart is the instrument and organ of Thy love. It did beat for us. It yearned for us. It ached for our salvation. It was on fire through zeal, that the glory of God might be manifested in and by us.... In worshipping thee I worship my incarnate God, my Emmanuel.” St. John Henry Newman.

“When you approach the tabernacle remember that he has been waiting for you for twenty centuries.” St. Josemaria Escriva.

Please continue to remember the sick in your prayers, especially Joe Petruncio, Beatrice Evans, Marion Staniszewski, Joe Finn, Mary Ann Adinolfi, Cindy Womer, Antoinette Kanaskie, Lila Bern, Jennie Ellis, William Rovito, Jane Voelcker, Ken Weaver, Verna Augustine, Theresa Chayko, Aly Howe, Diane Thackray, Addison Kaplan, Dan Bauman, Don Shollenberger, Marty Bedingfield, Duane Gregory, Hannah Knittle, Robert Visnosky, Kelly Temple, Ned Wagner, Campbell Blake, Justa Sabo, Bernadette Petro, Tom McGovern, Marie Wagner, John Huber, John Urban, Jonathan Perez, Leah Baranaskas, Kevin Brady, Mary Powers LaCombe, Janet Bitler, Eileen Brady, Nancy Kaderka, Robert Haladay, Judy Dobson, Leo Wuestkamp, Keith Parks, Thea Staub, Alyce Gowell, Sandra Kremsler-Cook, Ina Morucci, Cecelia Moore, Patricia Wenner, Madonna Shannon, Diane Wolfgang, Edward Guzik, Lorraine and Walter Pastusak, John Adinolfi, Thomas and Joyce Childo, Roxann Humphrey, Marna Moss, Dianne Pizzuti, Michael Murphy, Greg Dalton, Kathryn Haas, Laura Benes, Frank Golomb, Dave Conrad, Marisa Conrad, Tim Staniszewski, and Anna Sarnoski.

Important Note about Our Mailing Address: Some of you may be aware that we had a post office box, but we dropped the P.O. Box form of mail delivery at the end of April. Please only use “342 Iron St., Bloomsburg, PA 17815-1824” as the official mailing address of the church. Also the Food Cupboard will no longer use the P.O. Box, but the same address as the church.

Prayer to Our Lady Imploring Her Protection: O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus’ pain, with steadfast faith.

You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father’s will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.
LIFE TEEN: Hey high schoolers. I hope you have all been well and stayed busy during this COVID-19 pandemic. It has been a long time in quarantine. I know you have missed a lot of events, activities, and just hanging out with friends. We, the CORE, have missed all of that too.

Now, since our county is in the “yellow” phase, we can begin to look at how we can resume our Life Teen meetings. At least until our county goes into the “green” phase, or perhaps for the rest of the summer, our Life Nights will be outside. We will keep with the guidelines to keep everyone safe. Check the bulletin next week for details on when and where we will meet for the first time.

We are very much looking forward to seeing you all again and enjoying some fun summer activities. If you have any questions or concerns, feel free to contact me, Karen Konkolics, at kekonkolics@gmail.com or call me at 570-441-3459.

Life Teen is open to grades 9 through 12!! We usually meet every week from 6 to 8 in the Life Teen room in the St. Columba parish center.

We would like to thank the Sponsor of the Week CATAWISSA BOTTLING CO. For sponsoring an ad in our weekly bulletin.

COMPENDIUM OF THE CATECHISM OF THE CATHOLIC CHURCH

Part Three: Life in Christ
Section One: Man’s Vocation: Life in the Spirit

357. How is the Christian moral life bound up with faith and the sacraments?

What the symbol of faith professes, the sacraments communicate. Indeed, through them the faithful receive the grace of Christ and the gifts of the Holy Spirit which give them the capability of living a new life as children of God in Christ whom they have received in faith.

“O Christian, recognize your dignity.” (Saint Leo the Great)

CHAPTER ONE
The Dignity of the Human Person
MAN THE IMAGE OF GOD

358. What is the root of human dignity?

The dignity of the human person is rooted in his or her creation in the image and likeness of God. Endowed with a spiritual and immortal soul, intelligence and free will, the human person is ordered to God and called in soul and in body to eternal beatitude.

O Most Sacred Heart of Jesus, have mercy on us.
In union, dear Lord, with the priests at every altar of your Church, where your Blessed Body and Blood are being offered to the Father, I desire to offer you praise and thanksgiving. I present to you my soul and body, with the earnest wish that I may be always united to you.

And since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. O let nothing ever separate you from me. Let me live and die in your love.

Amen.
When we cannot go to the Church let us turn toward the tabernacle; no wall can shut us out from The Good God.